

Answer:

1.

The writer is for against appreciate using humour at work and school because humour is healthy, profitable and sometimes necessary.

2.

Tick the ideas mentioned in the text. Justify your answers.

Answer:

a. A lot of people believe humour restricts performance at works and school

b. The people who are fun loving toward their work are less stressed, do a better job.

c. If you're too serious and like to work or study all the times your may believing the outdated.

d. humour can produce wonders

e. being "over serious".... To tasks.

f. A lot of peopleschool.

3- answer these questions according to the text.

a. What emotional gain do people get if they use humour at work.

b. Can you guess from the context what the word 'workaholic' means?

c. What are the disadvantages of 'over-seriousness'?

answer:

a + do a better job, satisfaction, creative + fill with satisfaction

b. people addicted to work , workaholic: who can't make they difference bet wean work.

c- stress and play

4- What do the words underlined in the text refer to?

a. 'there' (paragraph 2): school and work.

b. 'they' (paragraph2): people who are fun.

5- Without going back to the text, complete the following table in your own words.

Benefits of Humour

- Humour help to reduce stress

- Humour help to refresh our minds.

- Humour is healthy, profitable and sometimes necessary.

- Humour is the perfect tool to get more pleasure out of your day.

- Humour make people energetic, creative and positive.

- Humour stimulate people mentally, emotionally and spiritually

6-

Have your say

I approve using humour at school because it helps to reduce stress and refresh our minds

and bodies besides to have good relationships with our teachers and classmates , well

humour is the perfect tool to get more pleasure and satisfaction on condition that students

and teachers don't spend too much time in joking. On the whole we should have the sens of

humour to live longer and to be optimistic so that life could smile for us.